

# PERSONAL PROTECTIVE EQUIPMENT STEADERST AND LOTAL



You wore it <u>there</u> to save your life.

Wear it <u>here</u> to save your life.



Helmet
Vest
Reflective Wear
Gloves
Long Clothes
Boots





### **POV SAFETY**



- The terrain has changed
- The threat has changed
- The hazards have changed
- The results have **Not** changed

Continue to use Risk
Management even while
off duty.







### **POV SAFETY**



Great job during OIF.
We don't want to lose you here.
Continue the great work.

- Wear your seatbelt on and off duty
- Don't drink & drive
- Take breaks on trips
- Don't speed





### SITUATIONAL AWARENESS



# Job well done!

But the work is not over. The threat at home is much different however, the results can be just as fatal. You must maintain your SAFETY Situational Awareness.

- Don't drink and drive
- Do have fun and relax
- Don't accept risks
- Do take rest breaks on trips
- Don't stress out at home or work
- Do enjoy time with friends and family
- Do continue to manage risk





#### **RISK MANAGEMENT**



By using Risk Management to remain safe in Iraq <u>you</u> were able to capture Saddam Hussein.

- Alcohol Safety
- Water Safety
- Motorcycle Safety
- Stress Management
- Summer Safety
- POV Safety
- AMV Safety



Now you need to apply Risk Management to remain safe at home.



#### **RISK MANAGEMENT**



# We Got Him & we do not want to lose you.

- Don't drink and drive
- Wear your helmet
- Don't speed
- Wear your seatbelt
- Use caution around water





### RESPONSIBILITY



- Ranger Buddy
- Friend
- Roommate
- Good Samaritan
- Leader
- Designated Driver



Keep covering each other.









### RESPONSIBILITY



- Ranger Buddy
- Friend
- Ese
- Roommate
- Vato
- Pal
- Pallbearer??

# Think and Act Responsibly





### STRESS MANAGEMENT





Don't let stress get to you.

Talk with friends,
family or seek help.

If not for you, for them.











### STRESS MANAGEMENT



